



PRE-OPERATIVE INSTRUCTIONS to PARENTS of CHILDREN RECEIVING SEDATION or GENERAL ANESTHESIA for DENTAL TREATMENT

1) NO FOOD OR DRINKS AFTER MIDNIGHT THE NIGHT BEFORE THEIR APPOINTMENT

- Your child must fast with absolutely no liquids or solids from midnight onwards the night before the appointment. This fasting includes absolutely no solids, no liquids (including no water), no gum, no mints, do not even brush your child's teeth in the morning of the appointment date
- Failure to comply with this requirement can complicate the anesthetic procedure and can produce serious health consequences to your child and will result in cancellation and a fee of \$250.

2) ANY CHANGE IN HEALTH OR MEDICAL HISTORY MUST BE REPORTED IMMEDIATELY

- If there are any changes in your child's health such as a new illness, cold/cough, fever, flu, diarrhea etc, please contact our office IMMEDIATELY with no hesitation so that we can determine if your child's appointment should be kept or postponed to another date. Even a sniffle of the nose qualifies as something our office needs to know about!

3) CLOTHING REQUIREMENTS AND OTHER INFORMATION

- Short sleeved shirt is mandatory as well as loose-fitting, comfortable jogging pants
- No "onesies" or dresses and please also bring a change of clothing as well if needed.
- For girls, please bring a hair elastic so that we can put hair in a high ponytail out of the way
- No nail polish, jewelry, make-up or large earrings are to be worn to the appointment
- Please also bring a blanket to keep your child warm as well as any toys they enjoy!

4) ACCOMPANIMENT REQUIREMENTS

- A parent/guardian must accompany the child to the appointment for consent purposes. A secondary responsible adult is MANDATORY to come with the parent. This is for ease of going home so someone can drive and someone can accompany the child in the backseat. ABSOLUTELY NO OTHER CHILDREN (SIBLINGS) ARE TO COME TO THE TREATMENT APPOINTMENT. PLEASE ARRANGE CHILD CARE FOR YOUR OTHER CHILDREN!

5) GETTING HOME

- Arrangements must be made to take the child home in a private vehicle (personal car or taxi only)
- Public Transportation is strictly prohibited to be taken home with a recovering child
- A responsible adult is to remain with the child for the remainder of the day at home with no activities planned for the child (ie: gymnastics, karate, bike riding, etc).
- Children are usually OK to return to school or daycare the next day.

If you have any concerns or questions about these instructions, please call the office immediately.
PLEASE NOTE: WE REQUIRE 2 BUSINESS DAYS (48 HOURS) NOTICE TO CANCEL APPOINTMENTS OR A \$250 CHARGE WILL APPLY