



**POST-OPERATIVE INSTRUCTIONS TO PARENTS OF CHILDREN WHO HAVE RECEIVED SEDATION or GENERAL ANAESTHESIA FOR DENTAL TREATMENT**

**CAR RIDE HOME**

Your child must be sitting up in the car either in a car seat or back seat with an adult so that the driver can focus on the road.

**ACTIVITIES**

Your child should be closely monitored by a responsible adult for the remainder of the day to ensure that there is no difficulty breathing.

LOOK – for chest rising, skin tone retaining its natural colour

LISTEN – for breathing sounds, any unusual snoring

FEEL – for breathing coming out through nose or mouth

Your child must rest at home and is NOT ALLOWED to ride a bike or play outside for the remainder of the day.

**IV SITE:** Check over the next few days to ensure no puffiness or swelling occurs at the IV site.

**DRINKING AND EATING**

To prevent dehydration, after your child has been discharged from the recovery room, give the child some clear fluids. Start with a small cup and proceed with more if your child can keep down the fluids. Soft foods (lukewarm) may be taken when desired. A meal can be given after a few hours as long as the child is taking fluids / simple foods easily. Try to avoid milk or meat products until 3 hours have passed to avoid any nausea or vomiting.

**PAIN:** Advil or Tylenol as prescribed as needed if any pain.

**BACK to SCHOOL:** Usually children are able to go back to school the next day unless the doctor recommends otherwise.

**SEEK ADVICE**

1. If there is any difficulty breathing
2. If nausea & vomiting persists beyond 4 hours or child cannot keep fluids down.
3. If your child still feels dizzy or drowsy 6-8 hours after treatment.
4. If any other matter causes you concern

**BEFORE 4:00 PM**

Contact our office at 905-760-9800

**AFTER 4:00 PM**

Contact Dr. Waxman at 647-860-1880 or Dr. \_\_\_\_\_ at \_\_\_\_\_

Contact the nearest hospital emergency clinic or

Contact the Hospital for Sick Children at 416-813-7500