



POST-OPERATIVE INSTRUCTIONS TO PARENTS OF CHILDREN WHO HAVE RECEIVED SEDATION or GENERAL ANAESTHESIA FOR DENTAL TREATMENT

CAR RIDE HOME

Your child must be sitting up in the car either in a car seat or back seat with an adult so that the driver can focus on the road.

ACTIVITIES

Your child should be closely monitored by a responsible adult for the remainder of the day to ensure that there is no difficulty breathing.

LOOK – for chest rising, skin tone retaining its natural colour

LISTEN – for breathing sounds, any unusual snoring

FEEL – for breathing coming out through nose or mouth

Your child must rest at home and is NOT ALLOWED to ride a bike or play outside for the remainder of the day.

IV SITE: Check over the next few days to ensure no puffiness or swelling occurs at the IV site.

DRINKING AND EATING

To prevent dehydration, after your child has been discharged from the recovery room, give the child some clear fluids. Start with a small cup and proceed with more if your child can keep down the fluids. Soft foods (lukewarm) may be taken when desired. A meal can be given after a few hours as long as the child is taking fluids / simple foods easily. Try to avoid milk or meat products until 3 hours have passed to avoid any nausea or vomiting.

PAIN: Advil or Tylenol as prescribed as needed if any pain.

BACK to SCHOOL: Usually children are able to go back to school the next day unless the doctor recommends otherwise.

SEEK ADVICE

1. If there is any difficulty breathing
2. If nausea & vomiting persists beyond 4 hours or child cannot keep fluids down.
3. If your child still feels dizzy or drowsy 6-8 hours after treatment.
4. If any other matter causes you concern

BEFORE 4:00 PM

Contact our office at 905-760-9800

AFTER 4:00 PM

Contact Dr. Waxman at 647-860-1880 or Dr. _____ at _____

Contact the nearest hospital emergency clinic or

Contact the Hospital for Sick Children at 416-813-7500